

New Life Solutions
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Like to Heal Your Life Now?
Free Workshop And Book Launch

Gaye O'Brien is passionate about helping people to heal their lives. She is an author, educator, coach and trainer of neuro-linguistics programming (NLP).

The NLP toolkit incorporates specific language patterns and allows a person to improve their outcomes by changing the way they see things in their mind.

"Today people want abundant relationships, great health, and a rewarding career or prosperous business," Gaye said.

"Unfortunately many people are unsure about how to make desirable positive changes and feel stuck in their day-to-day reality," she added.

Gaye said, "Studies show that as many as 70% are dissatisfied with their jobs. This fact potentially has a profound effect on their health and relationships."

She has taught in many areas of the education and training sectors, working with parents, colleagues and students and has recently written "*NLP Essentials for Teachers: The Art of Encouraging Excellence in Your Students*".

She is also a featured author in "*Adventures in Manifesting: Healing From Within*". The stories in this book explore techniques that will inspire and motivate you to create your own reality, rise above perceived limitations and consciously take charge of your own sense of wellbeing.

Gaye conducts regular live events to assist individuals to transform their lives and also provides a home study program.

At 10:30AM on the 27th August, at the Mackay City Library, she will conduct a book launch and free workshop. Participants will be given an opportunity to practice techniques that will help them change their lives for the better.

"Manifesting vibrant health is possible – for the mind, body and spirit – and soon", Gaye said.

"By implementing these techniques a little bit at a time it is possible to have a more fulfilling life for you and your family and also for your career," she said.

Gaye said that these strategies have made a substantial difference in her own life and in those she coaches.

"Being conscious is about creating a destiny – being in charge, having a plan and not simply allowing events to unfold randomly," say Gaye.

Bookings are available at the library or phone 0488187022.

Visit www.gayeobrien.com

